SPECIALITY WRAPS & SANDWICHES

GLUTEN FREE MENU

CHICKEN, GOATS CHEESE & CHORIZO €6.95

DONEGAL BAKED HAM & MELTED CHEESE (A,J,G) €6.95

BBQ PULLED PORK & MELTED CHEESE (A,J,G) €7.95

PESTO CHICKEN, GOATS CHEESE & SUNDRIED TOMATO (A,G,J) €6.95

TUNA, CHEESE, RED ONION & SWEETCORN MELT (A,D,G,J) €6.95

ADD A CUP OF SOUP €2.00

BAKED POTATOES

CREAMY CHICKEN AND BACON (G)

CHEDDAR CHEESE & BEANS (G)

TUNA MELT (D,G)

CAJUN CHICKEN & CHEESE

SOUP OF THE DAY (A,G,I)

SEAFOOD CHOWDER (A,D,G,I,N) 8.95

FULL IRISH - BACON, EGGS, BEANS, TOMATO, ONIONS, MUSHROOMS
TEA OR COFFEE & G.F. TOAST €8.50

EGGS – SCRAMBLED/POACHED ON G.F TOAST. €6.95

OMELETTE-CHOOSE 2 FILLINGS — BACON, ONION, MUSHROOM, CHEESE OR TOMATO €8.95

SALADS

CHICKEN CAESAR SALAD(NO CROUTONS) 9.95

OPEN PRAWN SANDWICH ON GLUTEN FREE BREAD 9.95

GOAT CHEESE & WALNUT WITH BALSAMIC DRIZZLE 9.95

WARM GOATS CHEESE & PARMA HAM SALAD. 9.95

MAINS:

80Z SIRLOIN STEAK & ONIONS & MUSHROOMS 22.95

BAKED COD — WITH CHOICE OF SIDE 15.95

BEEF STROGANOFF —SAUTEED SIRLOIN, MUSHROOMS & GHERKINS IN A GARLIC CREAM SAUCE.

18.95

BBQ RACK OF RIBS- MARINATED PORK RIBS & DIP

CHICKEN KORMA - MILD INDIAN SPICED CHICKEN WITH ONIONS, TOMATO & CREAM. (CAN BE MADE VEGAN) €14.95

THAI GREEN CURRY - SAUTE CHICKEN, VEGETABLES, THAI SPICES & CREAM. €14.95

BBQ CHICKEN MELTER — TOPPED WITH BACON, CHEESE & BBQ SAUCE 15.95

PARMA CHICKEN - CHICKEN & STIR FRIED VEGETABLES, PARMA HAM & GOATS CHEESE. 17.95

ROAST BEEF (WITHOUT YORKSHIRE PUDDING) €12.50 ROAST TURKEY & HAM (WITHOUT STUFFING)

SIDES: JACKET POTATO, SALAD, RICE, FRIED ONIONS & MUSHROOMS, VEGETABLES, CHAMP & CREAMED POTATOES. 3.50